

# Maa Kaalratri: The Destroyer of Demons and Negative Energies

Category: Religion

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## Maa Kalratri : The Night Goddess of Navdurga

एकवेणी जपाकर्णपूरा नग्ना खरास्थिता।  
लम्बोष्ठी कर्णिकाकर्णी तैलाभ्यक्त शरीरिणी॥  
वामपादोल्लसल्लोह लताकण्टकभूषणा।  
वर्धन मूर्धध्वजा कृष्णा कालरात्रिर्भयङ्करी॥

## Maa Kaalratri: The Destroyer of Demons and Negative Energies

[Maa Kaalratri](#) is a revered goddess in Hindu mythology, known as the destroyer of demons, evil spirits, and negative energies. Her dark appearance symbolizes the darkness of ignorance, which she dispels with the light of wisdom and truth. She is depicted with a dark complexion, open hair, and a garland made of human skulls (narmund).

## The Navadurga Form

Kaalratri is the seventh form of the nine Navadurga forms of the goddess Mahadevi. She is first referenced in the Devi Mahatmya, an ancient Hindu scripture. Kaalratri is one of the

fearsome forms of the goddess. While some argue that Kali and Kaalratri are separate entities, it is not uncommon to find their names being used interchangeably.

## **Worship and Significance**

Kaalratri is traditionally worshipped during the nine nights of Navaratri celebrations. The seventh day of Navaratri puja is dedicated to her, and she is considered the fiercest form of the goddess, invoking fear with her appearance. It is believed that she is the destroyer of all demon entities, ghosts, evil spirits, and negative energies, causing them to flee upon her arrival.

The Saudhikagama, an ancient tantric text from Orissa referenced in the Silpa Prakasha, describes Goddess Kaalratri as the ruler of the night portion of every calendar day. She is also associated with the crown chakra, known as the Sahasrara chakra, which is said to grant the worshipper supernatural skills and wealth.

## **The Auspicious Goddess**

Kaalratri is also known as Shubankari, meaning “auspicious” or “doing good” in Sanskrit. It is believed that she always provides positive results to her devotees, making them fearless. Other lesser-known names of this goddess include Raudri and Dhumorna.

In conclusion, Maa Kaalratri is a powerful goddess who is revered for her ability to destroy demons, evil spirits, and negative energies. Her worship during Navaratri is considered significant, and she is believed to bring positive outcomes to her devotees. By dispelling ignorance with the light of wisdom and truth, she guides her followers towards a path of fearlessness and prosperity.